Raffles Spa Journeys assure the act of inner and outer transformation by travelling from one place to another through sensory pleasures, unique surroundings and rejuvenating sensations. Leave feeling well-rested and on your journey to living well.

LAVENDER BLISS

Relax. Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deep. Inhale the calming and balancing benefits of Wild Lavender in this completely uplifting and rejuvenating spa experience. Includes a two-step invigorating full body scrub, a warm wrap with pressure point scalp massage, and a full body massage with warm, healing stones.

ROSE COUPLES INDULGENCE

Unwind in this journey of Luxury Rose to complete harmony as you begin your treatment with a private Jacuzzi. A full body exfoliation follows using Olive seed grains bathed in Rose to leave your skin soft and supple. Next, a tailored full body massage to help ease and relax the mind, body and soul. End this journey with a hydrating refresh facial massage to complete the top to toe treatment. Perfect for a tranquil time together.

Utilising Golden Millet Oil and Pure Collagen as well as a host of the Earth's finest materials such as diamond dust and botanical actives, Carol Joy London uses an unquestionable British drive for excellence to create an expertly curated range of facial care products. The latest addition to Raffles Spa, experience a Carol Joy London facial today.

A facial bursting with potent antioxidants to target signs of photo aging and pigmentation. The powerhouse combination of a pure collagen face mask enriched with vitamin C combats the effects of environmental damage and brightens the complexion. Skin is left energised and revitalised.

A purifying facial combining the detoxifying powers of caviar from the Caspian Sea with the intensely hydrating properties of algae to instantly refresh and calm the complexion. The application of steam allows active ingredients to penetrate deeper into the skin. Skin is rebalanced and moisture levels restored.

This results driven facial enhances skin's natural luminosity and promotes cell regeneration. A combination of innovative massage techniques with a radiance enhancing mask, enriched with botanical actives and collagen boosting ingredients restores skins vitality. Cooling rose quartz rollers encourage lymphatic drainage and reduce inflammation. Skin is left feeling silky smooth.

ENRICH YOURSELF

90 minutes..... .AED 780 Give your body the intense nourishment it needs with this luxurious Aromatherapy Associates treatment designed to rejuvenate dry skin and revitalise the senses. Begin your treatment with a full body scrub, which will exfoliate, soften and hydrate the skin. Using a body butter exotically scented with flowers such as Jasmine, Patchouli and Geranium, harmoniously work together to help lift emotions, nourish the skin and leave you feeling enriched. The experience ends with a balancing hair oil application to moisturise and condition the scalp and hair.

ARABIAN NIGHTS

Allow the scents of Sandalwood, Frankincense and Rose to transport you back to the ancient times of Arabia. An indulgent recipe of exotic flowers, sweet fruits and rich oils gently nourishes and exfoliates the skin. Unwind on this endless journey, finishing with a heavenly massage using warm aromatic oils which relax the mind and body yet awaken all your senses.

RAFFLES DUBAI SIGNATURE MASSAGE

90 minutes..... .AED 785 Authentically inspired and culturally connected the Raffles Signature massage will leave you feeling enlightened and revived. The treatment begins with a cleansing foot ritual and follows with a full body massage using essences of Sandalwood and Cedarwood oils. Your therapist integrates stretching and pressure point massage down the meridians of the body to release stress and tension. Deep breathing techniques help relax the mind and body for an overall feeling of rejuvenation.

ANCIENT HOT STONE MASSAGE

90 minutes.. .AED 760 This indulgent body treatment soothes muscle tension and encourages blood circulation. Using nourishing essential oils and warm volcanic stones to penetrate tired aching muscles, combined with gentle stretching techniques, activates various energy points allowing you to unwind into a restful state of mind.

MUSCLE DE-STRESS MASSAGE

Using the Aromatherapy Associates De-Stress Muscle Oil, this massage uses Rosemary, Black Pepper and Ginger which is absorbed deep into the muscle. The therapist will apply medium to deep pressure, according to your specific needs. Soothe achy tired muscles and decompress your nerves as we release all your worries.

Note: This treatment may create some muscle soreness up to 24 hours afterwards

ABSOLUTE RELAXATION MASSAGE

Calm yourself after a long journey and rest easy with Aromatherapy Associates Deep Relax Massage Oil. Aromas of Vetivert, Chamomile and Sandalwood assist in calming your overactive mind and help bring you to a more restful state.

ORIENTAL FOOT REVITALIZER

60 minutes..... .AED 480 Designed to soothe tired and achy feet. Experience deep relaxation and revitalization in this feet focused pampering. A remineralizing foot scrub is followed by a massage of the feet. Concentrating on vital energy and reflex points to recharge the body, mind and spirit.

ROMANTIC RETREAT

90 minutes..... ...AED 1,569 Our signature couples retreat is offered in our Spa Suite featuring a Jacuzzi for two and side-by-side massages. Let the pressure of everyday life melt away as you submerge in a romantic candlelight bath with special Raffles touches

TOGETHERNESS

Take time away to be together. Relax and enjoy side by-side massages in the Raffles Spa Suite using our signature oils.

For those of you who wish to upgrade any of our present treatment list with additional time and services, or for those who don't have the time to stay and indulge, we have created mini treatments to suit all your skin care needs, ensuring complete relaxation and rejuvenation.

Choose from a variety of 30 minute treatments including:	
REVIVING FOOT TREATMENT.	AED 260
BACK, NECK AND SHOULDER MASSAGE	AED 260
HEAD MASSAGE	AED 260
EXPRESS BODY SCRUB	AED 280
EXPRESS FACIAL	AED 280
EXTRA TIME IN THE ROOM	AED 315